



Interview with Professor George Vithoukas

Sarah Baxter

As the editor of the AHA national newsletter I had been approached by several members to include a certain news piece in our most recent publication: research that had come out regarding evidence that potentised homeopathic remedies are detectable in succussed dilutions spearheaded by Professor George Vithoukas¹. So, I approached Maria Chorianopoulou PhD, the Director of Studies at the International Academy of Classical Homeopathy (IACH) and assistant to Professor Vithoukas, to provide comment and insight.

On a bit of a side and personal note, five years ago Maria was instrumental in helping me become the first ARoH registered IACH diploma holder, as before this time the course was not yet approved by ARoH. When I began my journey ten years ago, Abby Ward was the only Australian IACH graduate ... Since then, Maria has continued to support Australian students and graduates and I would like to thank her for this, on top of all her hard work for the wider international homeopathy community. Of course, there were some brilliant Australian homeopaths who made the registration process possible too, and thanks to these people (like Dimple Kirpalani) the number of ARoH registered IACH graduates has continued to grow exponentially. We've all thoroughly appreciated learning from Professor Vithoukas and his timeless lectures. Now, IACH's head of research Dr Seema Mahesh continues to support us to write and publish case studies to a high standard so that we can all help to legitimise homeopathy and ensure its bright future.

Maria kindly provided the readers of the May edition of the national newsletter with some of Professor Vithoukas' comments about the new research and facilitated the following written interview for us, just in time for the June edition of *Similia*. As mentioned in the newsletter, the recent paper builds upon earlier studies by Chikramane et al in 2010² and Rajendran et al in 2017³, which found nanoparticulates of the original substance in various potencies of homeopathic dilutions. This new work has been able to provide some long-awaited answers and I am so encouraged by the research and techniques now being used to 'see' potentised remedies.

Thank you to Linda Meisel and Sarah Penrose for the robust discussions we enjoyed around the topic and for contributing to the interview questions. I hope you all find the answers insightful and interesting and that it adds to your practice.

S.B.: Greetings from Australia, Professor Vithoukas, and thank you for taking the time to answer these questions for our AHA readership. Your commitment to the *science of homeopathy* over the years has been unparalleled and I feel the homeopathic community owes you a great deal of gratitude for your ongoing work.

S.B.: *Ultra-high dilutions analysis: Exploring the effects of potentization by electron microscopy, Raman spectroscopy and deep learning*¹, published by Elsevier Publishing House, is further evidence that potentised homeopathic remedies are detectable in succussed dilutions. In 2020, you published another paper with Dr Camelia Berghian-Grosan, *The Spin*

of *Electrons and the Proof for the Action of Homoeopathic Remedies*⁴ – can you please explain if and/or how these two papers relate to each other?

G.V.: The human organism is the most complex entity that exists in our planet. The electrochemical reactions and mechanisms that take place within it, in health and disease, are so complex and interdependent that it is impossible at this stage of evolution of science for a human mind to understand and control such mechanism.

An organism is impacted by infinite external and internal stimulus in order to maintain health and to prevent and abort diseases. Such stimulus, positive or negative, can affect the human organism in two different parts of the human existence, the physical body and its overall electromagnetic structure.

It is obvious therefore that all these myriads of rules and laws and principles that exist within the organism are impacting not only the different material parts, systems and organs but also the electromagnetic status of the organism, what in homoeopathy we call the vital force.

We have discovered certain rules that apply to the physical, material part of our organisms but still we are grossly ignorant of the electromagnetic parts of our being.

Now to answer finally your question, the spin of electron paper⁴ refers to the workings of the subatomic environment where the vital force is originated, opening up a possible channel to the understanding of the level of action of the potentised remedy. On the other hand, this important research paper that was published recently¹ is a proof that the potentised water is biologically active as it is proved by affecting the overall energy of the human organism. The importance of this paper will prove to be a turning point for the future of homoeopathy because, apart from confirming the validity of the homoeopathic remedies, it opens a new vista for the treatment of diseases with potentised remedies – which are actually ‘active bioenergy remedies’ – that can help the recovery of a suffering person, without the usual side effects of chemical drugs.

S.B.: As the science has evolved, so too has the way homoeopaths practise. Could you please share your opinions and experience on how the profession has changed since you first started as a homoeopath?

G.V.: In 1960, when I first started practising homoeopathy the only active homoeopaths in USA and Europe were a few doctors and lay people that used primarily mixtures of remedies and specialties in low potencies for a small group of

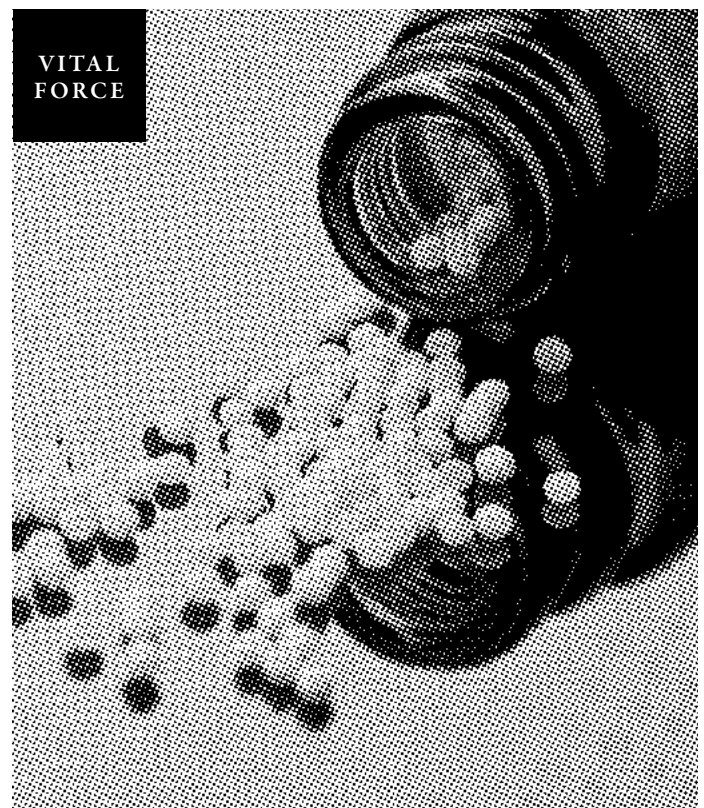
patients. Homoeopathy was on the fringe, totally ignored by the conventional doctors.

The big change started happening in the seventies mainly through lectures and books explaining the mode of action of the homoeopathic remedy and the importance of classical homoeopathic prescribing according to Hahnemann and Kent.

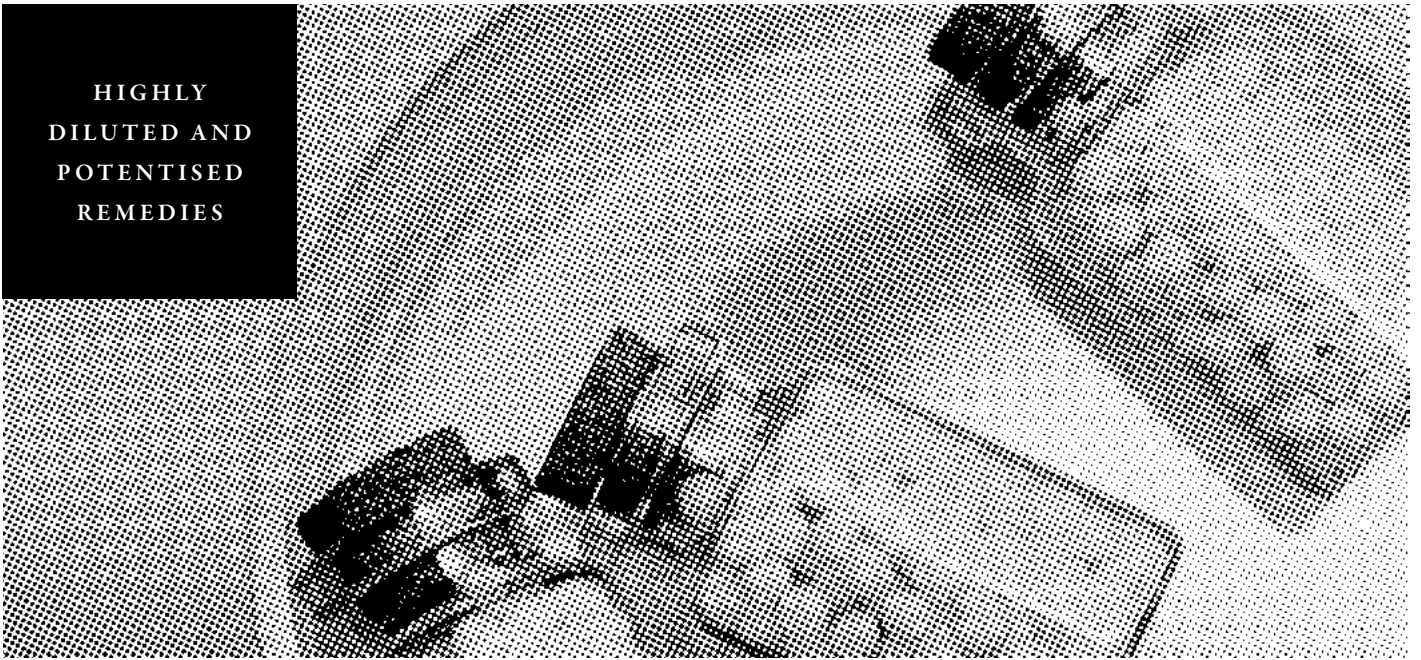
Today we have new tools which support classical prescribing, like the ‘Levels of Health’ theory and the ‘Continuum of a Unified Theory of Diseases’, the ‘New Model for Health and Disease’ book which contains the core of the homoeopathic theory and the ‘Science of Homoeopathy’ book, translated in 37 languages, which is a basic book, studied widely today by students and professionals. We have an academic course in classical homoeopathy which contains my complete teachings, the E-Learning Course, which is accredited by ARoH in Australia and by medical universities all over the world and also, we have an AI homoeopathy software, the Vithoulkas Compass. Additionally, IACH is the only homoeopathy school which publishes cases and series of cases at peer reviewed conventional medical journals.

S.B.: What influence do you think the detection tools, namely Transmission Electron Microscopy, Raman Spectroscopy, and Deep Learning algorithms, will have on the way potentised remedies are prescribed?

G.V.: All these advances in technology gave us the opportunity to show the truth in the debate that had plagued homoeopathy due to the great dilutions we are using in homoeopathy. The detection tools that we have used have shown the way that research should take from now on, refining more and more the tools in order to show clearly the stigma of the different remedies. This research becomes very important for the homoeopathic movement because for the first time we gave evidence of the transformation of the potentised water to one that is biologically active.



HIGHLY
DILUTED AND
POTENTISED
REMEDIES



Homeopathy suffered because in the past anyone could claim that the homeopathic remedies are pure water. Now we have the proof that such remedies show their presence in highly diluted and potentised remedies. No one can claim now that homeopathy is a pseudoscience, and this is the importance of this research.

S.B.: Do you think there will be stricter adherence to Aphorism 273, which in the fifth and sixth editions of *The Organon* discusses the importance of the single remedy and how it is not permissible to administer more than one remedy at a time?

G.V.: I do not think that people will stop prescribing mixtures of remedies and in this way downgrading a science to a mere routine prescribing. Such practices show that those who apply them have not understood the real value of this science. We believe that now that we have shown the presence of the active principle in remedies, prospective students of homeopathy will approach this science with a different attitude, they will be sure that they are studying a scientific therapeutic system that is evidence-based therapeutic system.

S.B.: Do you foresee the possibility for a re-definition of remedies that aren't 'homeopathic' but are labelled as such?

G.V.: This combined way of examining the remedies, whether are active or not, will be useful in many ways:

- a. Exposing those who claim that homeopathic remedies are inactive and nothing more than placebo.
- b. Put an end to the ridiculous idea that the water has memory!!⁵
- c. We hope to make people, who are using homeopathy as a kind of aspirin, understand the seriousness of this healing methodology and consider it a scientific method of treating diseases.
- d. We expect to open a discussion of what is considered to be a scientific methodology for treating diseases generally.
- e. It is important in clarifying the level on which the homeopathic remedy is acting.

- f. This research will clear the myths and the nonsense that are circulating, concerning remedies made by machines, etc.
- g. This research confirms the fact that we are treating diseases on a bioenergy level and this is evidence from the fact that such remedies have accomplished impressive cures, which are recorded in peer reviewed conventional medical journals, as anyone can see in this link www.vithoukas.com/research/clinical-cases/.

References:

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- 5 Vithoukas G. 2017. *The Controversy Over the 'Memory of Water'.* Med Sci Hypotheses 2017; 4:1-6 DOI: 10.12659/MSH.901167 Available from: www.medsci-hypotheses.com/abstract/index/idArt/901167



Sarah Baxter graduated as a social scientist in 2004 with a penchant for medical anthropology. Ten years later she began her homeopathic training with the Australian Institute of Applied Sciences and later the International Academy of Classical Homeopathy. After living and working overseas and in various parts of Queensland, Sarah settled in the township of Koah in North Queensland from where she currently treats most of her patients with classical homeopathy. Sarah also enjoys writing and research and works as an editor for the Australian Homeopathic Association and Homeopathy Publishing House.